

G7: Networking Session Mental Health, Trauma & Current Events

June 25, 2026

2:30 pm-3:45 pm



Continuing Education Credits

In support of improving patient care, this activity has been planned and implemented by School-Based Health Alliance and Moses/Weitzman Health System, Inc. and its Weitzman Institute and is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This series is intended for Dentists, Nurses, Nurse Practitioners, Pharmacists, Physicians, Physician Assistants, Psychologists, Registered Dietitians, and Social Workers.

Please complete the survey and claim your post-session certificate on the Weitzman Education Platform after today's session. **Please note:** Pharmacists must claim credits within two week's following today's session or we will not be able to award ACPE credits.



Disclosures

- With respect to the following presentation, there has been no relevant (direct or indirect) financial relationship between speakers (or other activity planners) and any ineligible company in the past 24 months which would be considered a relevant financial relationship.
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School-Based Health Alliance

Transforming Health Care for Students

Our **Focus**

The School-Based Health Alliance Works to Support & Grow SBHCs

Policy



Establishes and advocates for national policy priorities

Standards



Promotes high-quality clinical practices and standards, including for telehealth

Data



Supports data collection and reporting, evaluation, and research

Training



Provides training, technical assistance, and consultation

We support the improvement of students' health via school-based health care by supporting and creating community and school partnerships.

www.sbh4all.org

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Today's Facilitators



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School-Based Health Alliance



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Vice President - Consulting
School-Based Health Alliance

Welcome

Learning Objectives

1. Participants will identify at least two strategies to strengthen trauma-responsive practices within their SBHC during the current academic year.
2. Participants will identify one strategy to support staff wellbeing or resilience in response to ongoing stressors.

Proposed Group Norms/Agreements



Share the air: make space for multiple voices.



Speak from your own role and context.



Protect confidentiality: no student, family, or staff-identifying details.



Offer examples, not advice unless invited.



Assume variation across communities and systems.

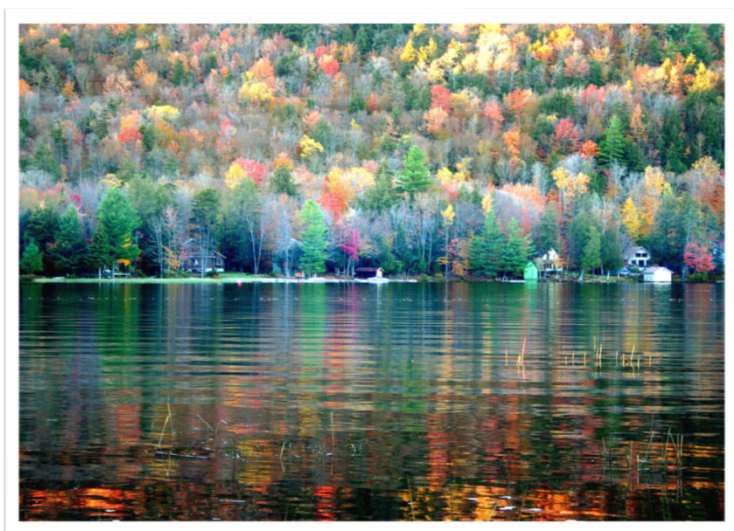


Take care of yourself: step out, pause, or pass as needed.



Leave with connection: exchange contact information when useful.

Grounding Reflection



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Take one minute to reflect: What is one mental health, trauma, or current-event-related challenge your SBHC or school community is navigating right now? And what kind of support or ideas would be useful to you today?

Write down:

- One challenge I am bringing
- One strategy or resource I can share
- One question I want to explore with peers

Choose Your Own Adventure

Topic Discussions

1. Trauma-Informed/Trauma-Responsive Care in Schools and SBHCs
2. Responding to Crisis and Current Events
3. Mental Health Interventions and Best Practices
4. School Partnerships During Heightened Stress
5. Staff Wellbeing and Compassion Fatigue



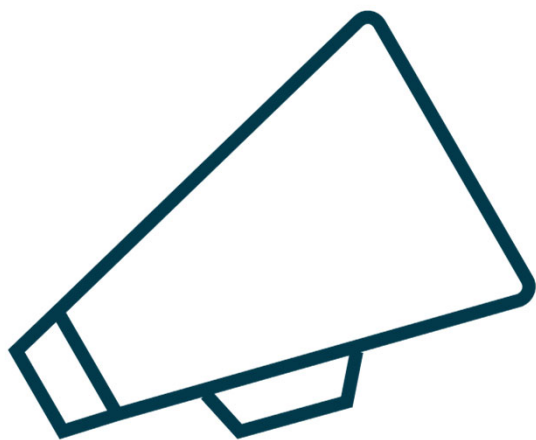
Introductions

Each person shares:

- Name, role, organization, and city/state
- Why they chose this topic
- One current challenge, trend, or question connected to this topic
- One strategy, practice, or approach their SBHC or school is trying



Practical Takeaways + Share Out



Each table to share at least:

1. Practical strategy that you have learned from one another
2. One challenge that you discussed
3. One question the field should keep exploring

Action Step + Connection Commitment

Take three minutes to reflect upon what you heard today and how you can apply it to your local school, health center, and/or community.

Write down the following:

- One strategy I want to try or adapt
- One (or more) person I want to follow up with
- One step I can take to support staff wellbeing or trauma-responsive practice



Questions?

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