



Advancing Reproductive Justice for Youth via School-Based Care and Statewide Collaboration

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Continuing Education Credits

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This series is intended for Dentists, Nurses, Nurse Practitioners, Pharmacists, Physicians, Physician Assistants, Psychologists, Registered Dietitians, and Social Workers.

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Learning Objectives



- Describe ways SBHCs can integrate family planning into every youth visit and identify two elements that the learner can adapt to their own SBHCs workflows.
- Apply at least one strategy from the RUSH-ICAN! partnership to enhance adolescent centered reproductive health care in their SBHC practice.

About Rush + ICAN!



Poll – Who's Here Today?

 **Mentimeter**



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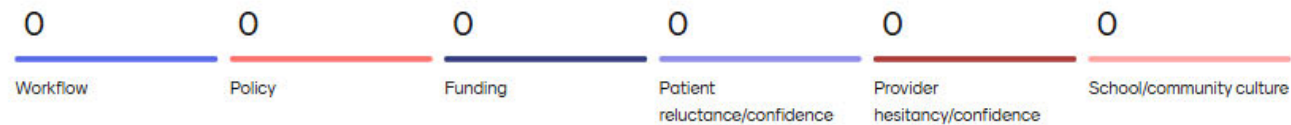
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Poll

What are some of your challenges to integrating reproductive health screening and education in your SBHC setting?

What challenges do you face integrating reproductive health screening and education in your SBHC?



Mentimeter KW

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menti.com
1620 7224

Waiting for participants

Responses are hidden X



Discussion Questions

- Can you briefly describe how adolescent reproductive health care, particularly in SBHCs, has evolved over the past few decades? JH1
- What challenges and opportunities exist today?

Slide 10

JH1

Thinking about this more, I am a little worried about framing response here to say we've come so far to destigmatize repro care because this is not what we are hearing outside of IL. I would reframe as wins and challenges so folks in the room feel like they are represented.

Jordan Hatcher, 2026-05-01T19:58:49.348

JH2

After reviewing content I do think maybe we group all of the screening/workflow questions at the beginning because there is a lot of overlap... thoughts???

Jordan Hatcher, 2026-05-01T20:07:50.340



Birth control is basic health care that gives people the opportunity to decide if, when and under what circumstances to be pregnant and parent, protect against STIs, support gender-affirming care, and manage health conditions.

JH1

But **systemic racism, discrimination, and coercion** prevent people of color and people with few resources from accessing the information and care they need to be as healthy as possible in their reproductive lives

ican!

Slide 11

JH1 Can keep, adapt or drop this - I'm not sure if this language will be too bold for a space where some folks cannot talk about gender, DEI, etc.

Jordan Hatcher, 2026-05-01T19:46:23.969

KW1 0 we will see if this flies and go from there. we will discuss it if it cant be in ppt

KALIN N WISE, 2026-05-05T18:05:40.011

Discussion Questions JH1

- Why is comprehensive reproductive healthcare for adolescents best understood as a basic right rather than specialty care?
- How can this be sustainability built into organizational culture and workflows?

Slide 12

JH1

In the interest of time, I would suggest having three focus questions for each section (though Kateri will no doubt have some probing questions that we can also draw from during the convo!).

Jordan Hatcher, 2026-05-01T19:43:44.619

Talk to Your Partner

How do you initiate conversations on SRH in the SBHC setting, even when the presenting issue isn't reproductive health-related?

KS1

Slide 13

KS1 Rephrase & think about mode for collecting participant responses
Kateri Swiss, 2026-05-05T18:12:52.280

How to Integrate Routine Screening

- Where are these questions located in your workflow?
- What standardized systems can help ensure screening is routinely offered?
- What question(s) will you use to ensure active listening and shared decision-making with your patient?

Slide 14

KS1

edit so more digestible

Kateri Swiss, 2026-05-05T18:21:38.497

CDC's Screening for STIs

and contraception go hand-in-hand.

Partners

- Are you currently or have you ever had sex? In recent months, how many partners have you had? What is the gender of your partners? Do you or your partner(s) currently have other partners?

Practices

- What kinds of sexual contact do you have, or have you had? What parts of your body are involved when you have sex?

Protection from sexually transmitted infections

- Do you and your partner(s) discuss STI prevention? If so, what methods do you use (internal/external condoms)? How often do you use this method?

Past history of sexually transmitted infections

- Have you ever been tested for STIs or HIV? Would you like to be tested?

Pregnancy intention

- Do you think you might like to have (more) children at some point?



"Tell me about what's important to you in picking a birth control that helps you prevent being pregnant until you're ready?"

"Yes, you are right and that makes a lot of sense... not being sure is very normal...."

"I hear you saying that you want more information about how this method works.."

"Thank you for sharing your experience, it sounds like you have a lot on your plate."



Discussion Question

- How does reproductive healthcare during adolescence contribute to preconception health and long-term health and wellness?

Patient Experience and Quality

That centers adolescent voices

Discussion Questions

- Why is measuring patient experience and centering youth voices such a critical component of quality in adolescent reproductive healthcare, especially in the SBHC setting?
- What strategies have you used to center youth voices and patient experience in your setting?

ican! See if You Qualify For Free Birth Control Take the Birth Control Quiz

Home Get Birth Control Free Birth Control Programs Birth Control Options Prepare For Your Visit About ICAN!

Patient Experience Survey

Please take two minutes to complete a brief survey to let us know about your experience. We are always looking for ways to improve, and your feedback is important to us.

Which health center did you visit? (Select one) *

- ☐ Erie Family Health Center
- ☐ Friend Health
- ☐ Heartland Alliance
- ☐ Howard Brown Health
- ☐ Near North Health
- ☐ PCC Community Wellness Center
- ☐ Rush Adolescent Family Center
- ☐ Shawnee Health
- ☐ SU Center for Family Medicine

What type of visit was it? (Select one) *

- ☐ Telehealth
- ☐ In-person

What is your age? (Select one) *

- ☐ Under 15 years old
- ☐ 15-19 years old
- ☐ 20-24 years old
- ☐ 25-34 years old
- ☐ 35-44 years old
- ☐ 45 years or older
- ☐ Prefer not to answer

Which of the following best describes you? *

- ☐ Black or African American
- ☐ Hispanic or Latinx
- ☐ White
- ☐ Asian or Pacific Islander
- ☐ Native American or Alaskan Native
- ☐ Multiracial or Biracial
- ☐ Prefer not to answer

Think about your visit. How do you think the provider did with each of the following? *

	Poor	Fair	Good	Very Good	Excellent
Respecting me as a person	☐	☐	☐	☐	☐
Letting me say what mattered to me about my birth control method	☐	☐	☐	☐	☐
Taking my preferences about my birth control seriously	☐	☐	☐	☐	☐
Giving me enough information to make the best decision about my birth control method	☐	☐	☐	☐	☐

How likely are you to recommend the health center you visited to a friend? (0-10) *

☐ 0 (not likely) ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 (very likely)

How did you hear about the health center you visited? (Select all that apply) *

- ☐ I've been there before
- ☐ From ICAN!
- ☐ From a friend
- ☐ Searched online
- ☐ Social media
- ☐ Virtual or community event
- ☐ Other:

ICAN!'s Patient Survey

- **Health center network + location**
- **Appointment type:** telehealth or in-person
- **Demographic info:** age, race/ethnicity
- **Patient Centered Contraceptive Counseling Measure (PCCC):** 4 questions specifically about the birth control, STI, or HIV prevention visit
- **Net Promoter Score question:** How likely are you to recommend the health center you visited to a friend?
- **How did you hear about the health center you visited?**
- **Room for additional feedback!**

The Person-Centered Contraceptive Counseling Measure (PCCC)

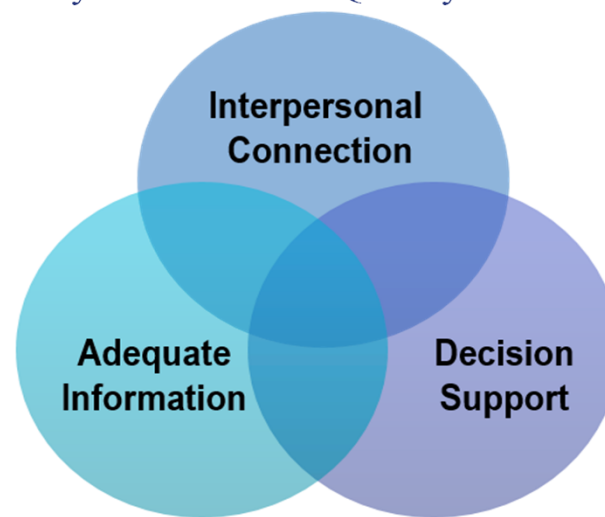


Think about your visit. How did you think the provider did on each of the following (1-5) ?

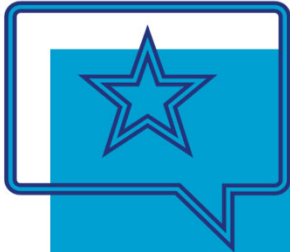
- ✓ Respecting me as a person.
- ✓ Letting me say what mattered to me about my birth control method.
- ✓ Taking my preference about my birth control seriously.
- ✓ Giving me enough information to make the best decision about my birth control method.

PCCC is:

- A scale that captures the 3 domains of quality found to be important to patients.
- Endorsed by the National Quality Forum as of 2020.



Dehlendorf, C et al. Development of the Person-Centered Contraceptive Counseling scale (PCCC), a short form of the Interpersonal Quality of Family Planning care scale. *Contraception*. 103 (5): 310-315.
The Person-Centered Contraceptive Counseling Measure. <https://pcccmeasure.ucsf.edu/>



Improving the Quality of Care

- ICAN! shares routine data dashboards, including PREM data with total # of surveys collected, breakdown of responses, and demographic data.
- Currently no guidelines for an acceptable PCCC measure percentage (working towards 80%)
- The measure result and qualitative feedback collected should be used to:
 - Understand quality of care.
 - Center patient voices.
 - Measure change in quality of care over time.

Patient Surveys by Site			
	# collected	PCCC Measure Result*	Positive Score**
AFC	99	86%	100%
Crane SBHC	89	97%	97%
Dunbar SBHC	139	90%	99%
Orr SBHC	123	86%	100%
Phillips SBHC	80	88%	99%
Simpson SBHC	54	98%	96%
Total	584		

PCCC Measure Result: Calculated as the % of people who give a top score (5) on all 4 questions on the scale.

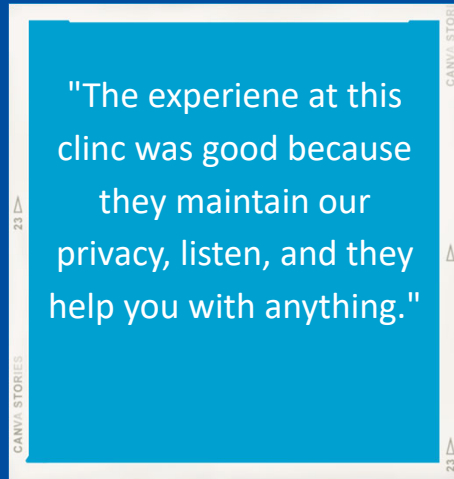
Promising Practices



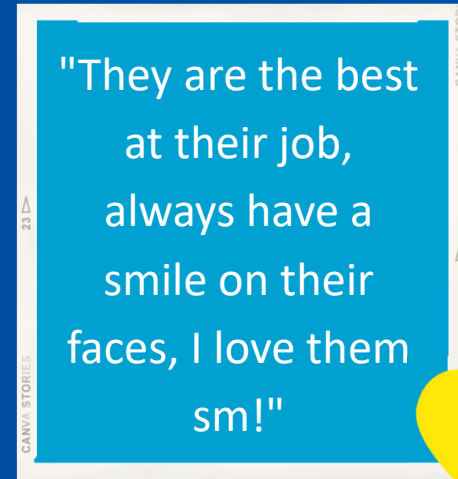
- **Make the PREM survey easily accessible** within patient exam rooms and waiting areas.
- **Get patient feedback before they leave** by asking them to complete the survey before the end of their visit.
- **Empower patients** by reminding them their voice matters and can help improve the quality of care for others.
- **Automate your process** through integrating into after-visit summaries or existing surveys like Press Ganey.
- **Routinely review patient feedback** with site staff and provider team members.



Rush Health
Center at
Richard T. Crane
Medical



Rush Health
Center at Orr
Academy



Rush Health Center at
Wendell Philips



Talk to Your Partner

What strategies have you used to center youth voices and patient experience in your setting? How do you ensure youth confidentiality?

Coverage, Sustainability, and Meeting this Moment



Discussion Questions

- How has the current political and funding climate impacted access to adolescent reproductive health services? What unique opportunities remain protected in the SBHC setting?
- What are some ways SBHCs and providers can respond to this moment to ensure equitable, sustainable reproductive care delivery?

KS2

Slide 27

JH1 After reviewing content I do think maybe we group all of the screening/workflow questions at the beginning because there is a lot of overlap... thoughts???

Jordan Hatcher, 2026-05-01T20:07:50.340

KS2 Add in opportunity for audience members to share

Kateri Swiss, 2026-05-08T15:27:18.580

How have you responded or how do you
hope to respond to this moment?

What are Medicaid Family Planning Programs?



- **Medicaid Family Planning Programs (MFPPs)** allow people who are ineligible for full Medicaid coverage to access benefits for specified family planning and related services.
- MFPPs provide coverage so people can access **no-cost care** including FDA approved contraception, STI testing and treatment, and annual exams.
- These are Medicaid programs, often referred to as partial, limited, or alternative benefit programs.

Benefits of MFPPs



Access to person-centered reproductive care in the context of whole-person health care



Predictable funding for community health centers and family planning clinics



More federal funds for states to use for family planning and related services



Reproductive, sexual, and maternal health outcome disparities

Who Do MFPPs Cover?

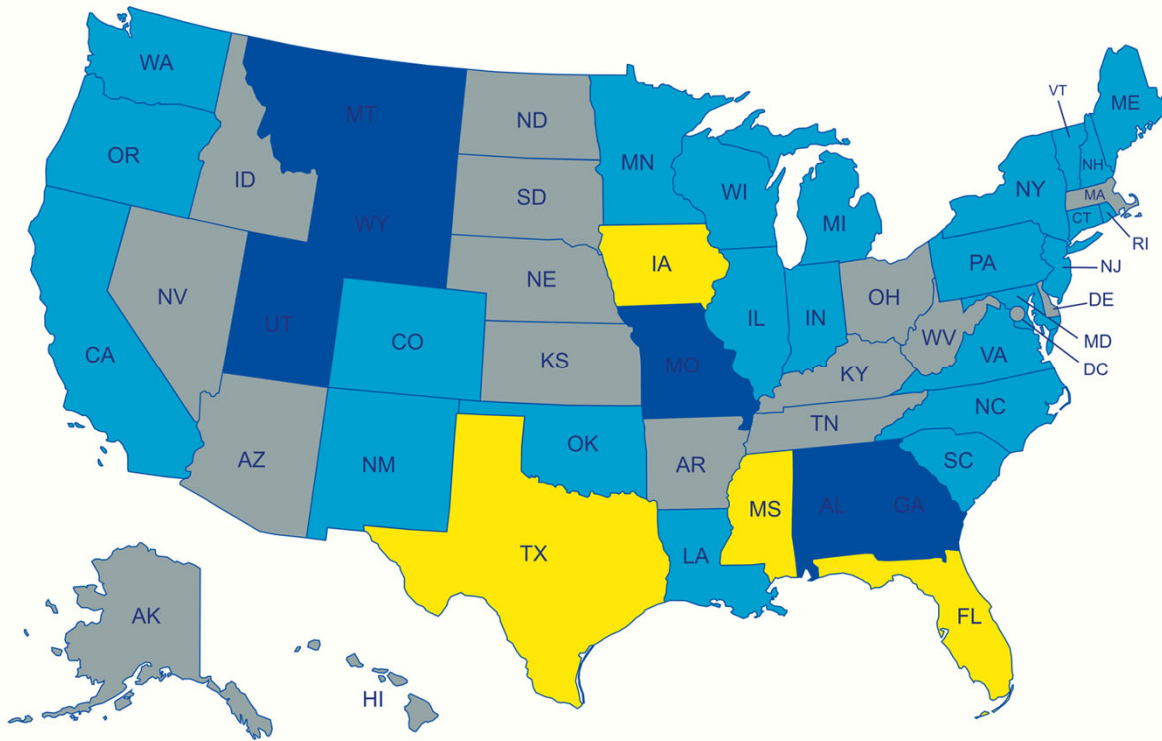


Programs may be open to people of:*

- All ages
- All genders
- Who are not pregnant
- Who are not enrolled in/eligible for full Medicaid coverage
- Who are U.S. citizens/qualified immigrants (unless state funded)
- Who meet income requirements (usually the same FPL limit as for Medicaid for pregnant people)

*Eligibility may vary in states with waivers or state-funded programs.

Coverage for All Ages



- CMS prohibits states from restricting SPA eligibility based on age, but may limit services based on medical necessity.
- People of all ages have sexual and reproductive health needs, and MFPPs can make that care more accessible.


COVERS ALL AGES

LIMITS AGES, COVERAGE FOR SOME UNDER 18



**LIMITS AGES, NO
UNDER 18 COVERAGE**

Why Focus on MFPPs Now?

- **Protect access** to range of preventative and primary care services threatened by changes to Medicaid Expansion and federal funding cuts-- especially critical sexual and reproductive health services that are under attack.
- **Preserve limited grant dollars** by billing the state's Medicaid program instead of drawing down on grants or writing off patient balances. 90/10 match for family planning services.
- **No work requirement verifications or 6-month redeterminations** for people covered by Medicaid Family Planning Programs.



Tools and Resources

to strengthen screening, counseling, and coverage



Routine Screening Resources

Sexual and Reproductive Well-Being Assessment

5 P's to Capturing Sexual Health History

Adopted from the CDC 5 P's framework.

Partners

Are you currently having sex? In recent months, how many partners have you had? What is your partner(s) gender?

Practices

What kinds of sexual contact do you have, or have you had? What parts of your body are involved when you have sex?

Protection from STIs

Do you and your partner(s) discuss STI prevention? How often do you use condoms? Have you heard about PrEP/PEP/DoxyPEP?

Past History of STIs

Have you ever been tested for STIs or HIV? Would you like to be tested while you're here today?

Pregnancy Intention

Understand client's contraceptive needs and desires through a question like:



One Key Question (OKQ)

Would you like to become pregnant within the next year?



Self-Identified Need for Contraception (SINC)

Do you want to talk about contraception or pregnancy prevention during your visit today?



Parenting/Pregnancy Attitudes, Timing & How Important (PATH)

Q1: Do you think you might like to have (more) children at some point?

Q2: When do you think that might be?

Q3: How important is it to you to prevent pregnancy (until then)?

Q4: What else is important to you in your birth control method?

- Confidential/private
- Helps with heavy periods
- Helps with bad cramps
- Start/stop on my own
- Protection from STIs/HIV
- Stops/decreases monthly bleeding
- Helps with medical condition
- Hassle-free (no daily/weekly reminder)
- No hormones



Barrier methods/condoms are the only method of birth control that decreases the risk of STIs and HIV.

Take the Birth Control Options Quiz

Bodily autonomy means the ability to own your own body and to make your own choices to protect your freedom, your health, and your future.

Whether you're using birth control to prevent pregnancy, protect against STIs, manage a health condition, or confirm your gender identity—or whether you're not using birth control at all—we believe that there's only one person who should have the final say in that decision—YOU.

Take our quiz to learn more about your options, and use our provider finder tool to get an appointment if you want one!



Start Birth Control Quiz

Birth Control Educational Resources

Would you like some help deciding which birth control methods might be best for you?

While there are many reasons to be on birth control, these questions are intended to help you think about if and when you want children or more children.

[Launch Quiz](#)

[X Leave Site](#)

Jump to Section

- [Combination Pill](#)
- [Progestin Only Pills](#)
- [Patch](#)
- [Ring](#)
- [Shot](#)
- [Implant](#)
- [Hormonal IUD](#)
- [Copper IUD](#)
- [Cervical Cap/Diaphragm](#)
- [Vaginal Gel](#)
- [Fertility Awareness](#)
- [Tubal Ligation](#)
- [Vasectomy](#)
- [Withdrawal/Pull Out Method](#)
- [External Condoms](#)
- [Internal Condoms](#)
- [Emergency Contraception](#)

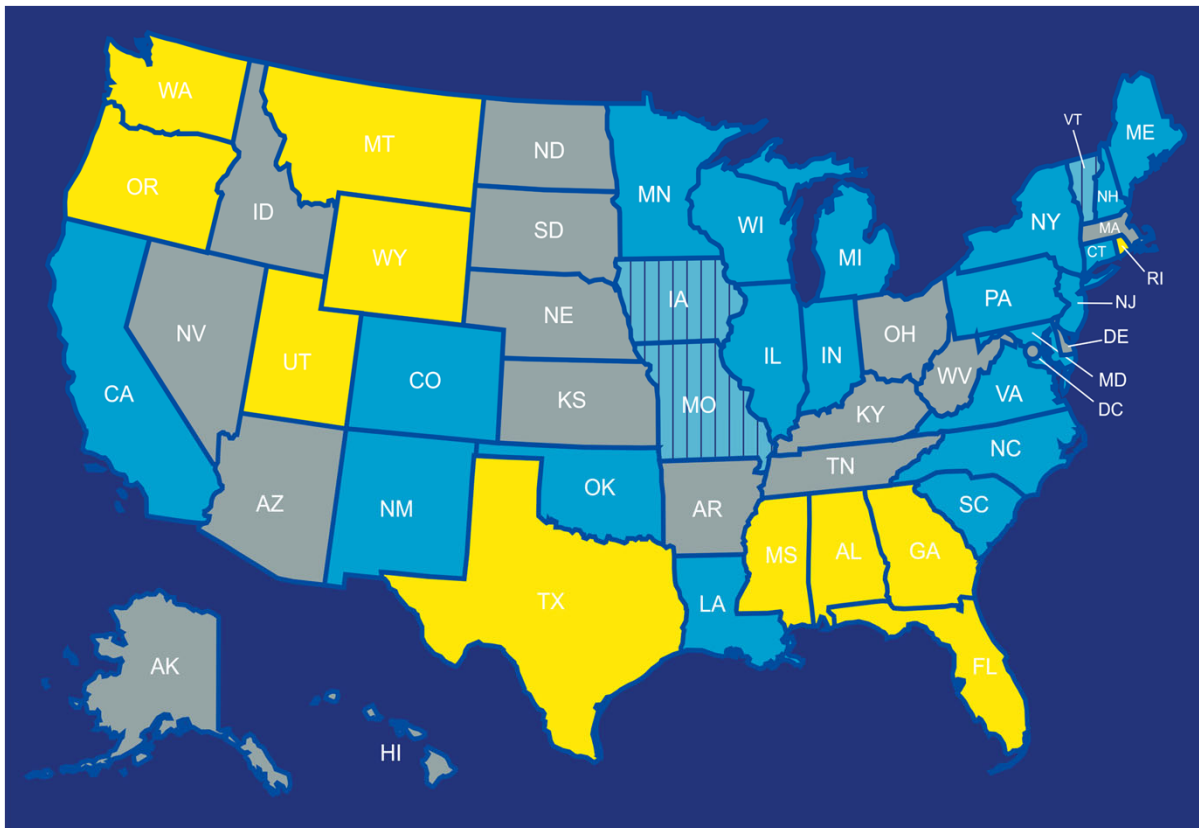


Combination Pill

How Does This Method Work?

Pills are a daily method taken by mouth once every day at the same time. These pills are most commonly combined with both estrogen and progestin, and are also known as combined oral contraceptives (COCs). Each pack contains a series of pills that contain hormones and ones that do not. The pills that do not contain hormones are taken during your period week.

Understanding your State Medicaid for Family Planning Program



www.icancoverall.org
Free provider trainings and
patient engagement resources.
Connect with our team for live
training or TA.

-  Medicaid SPA
-  Medicaid 1115 Waiver
-  No MFPP Expansion
-  State-funded program

Questions?

Contact us

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Web links

[Start Birth Control Quiz | Get Free or Low Cost Birth Control | ICAN](#)

[The Medicaid Family Planning Program Policy Toolkit](#)

[Modern Contraception and Reproductive Justice | Get Free or Low Cost Birth Control | ICAN](#)

[Medicaid Family Planning Policy Map | Programs by State](#)

[RWB Assessment Update – 2025](#)

[Birth-Control-1-pager_2024-UPDATED.pdf](#)