Addressing the Youth Opiate Crisis through School Based Health Centers

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Overview:

• Introductions (15 minutes)
• Case Study Example (10 minutes)
• Breakout Groups (15 minutes)
• Discussion (15 minutes)
• Questions (0-15 minutes)

Introductions:

• Us
• You
• Issue
• Program(s)/Solutions

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Us:

You:

What is YOUR role in the school based health center community?

- Nurse
- Social Worker
- Provider (NP, PA, MD or DO)
- Administrator
- Other

What is your experience level with substance use disorder (SUD) screening and treatment?

1. Screen and refer
2. Screen, refer and Naloxone
3. Screen, refer, Naloxone and Medication Assisted Treatment (MAT/MOUD)
4. I think I'm in the wrong room...
Issue:

Opiates/Opioids:
- Poppies to prescriptions
- Tolerance/withdrawal
- Student impact
- The new age: Fentanyl

Fentanyl:
- Everywhere in everything
- Unregulated
- Targeted & accessible

Lethal dose: 2 mg

https://www.dea.gov/factsheets/fentanyl


https://www.cdc.gov/drugoverdose/deaths/2016.html

“Fentanyl is the single deadliest drug threat our nation has ever encountered.” “Fentanyl is everywhere. From large metropolitan areas to rural America, no community is safe from this poison.”

—Ann Milgram, US DEA Administrator

**Programs:**

- **OHSU Benson Wellness Center**
- **OHSU Richmond Clinic**
  - Medication Assisted Treatment

**OHSU Benson Wellness Center**

- School-Based Health Center
- Pharmacy
- Team
  - RN
  - Provider
  - Social Worker (LCSW - PPS)
  - CADC
  - MA
  - Multnomah County (MA)
OHSU Benson Wellness Center
- School-Based Health Center
- Pharmacy
- Team
- Screening
  - CRAFFT
  - Approach/strategies
- Refer
- Naloxone

Naloxone: reverses effects of opioid overdose

Brand name:
- Narcan
- Evzio

Richmond Clinic MAT
- Team based
  - Behavioral Health Consultants
  - Providers
  - RN
  - Coordinator
- Tier system
- Harm reduction culture

Richmond Clinic MAT
- Team based
- Tier system
  - 1 = 1 week Rx
  - 2 = 2 week Rx
  - 3 = 4 week Rx
  - 4 = 4 weeks + 4 week refill
  - 5 = 4 weeks + 2+ refills
  - Y = patient choice: lost to follow up/graduated
  - X = team choice: diversion, abusive, etc.
- Harm reduction culture
Richmond Clinic MAT
- Team based
- Tier system
- Harm reduction culture
  • #1 priority, access to medication
  • Non-punitive

Medication Assisted Treatment (MAT) Program

Community Mental Health:
- Native American Rehabilitation Association (NARA)
- Lifeworks NW
- Cascadia Health

Detox:
- Hooper (County)
- Fora Health
- Powerhouse

Inpatient treatment:
- Madrona
- Lifeline Connections

Opioid Treatment Program (OTP):
- CODA, Inc. - Project Nurture
- Allied Health Services

Emergency Department

Richmond Clinic

Benson Wellness Center

Harm Reduction & BRidges to Care (HRBR) Clinic

Medication Assisted Treatment (MAT) Program

Community

Breakout Group Questions
1. How do you see opiates impacting your community?
2. What do you do when you have a positive screening for substances (and opiates in particular)?
3. Who do you know that is doing the work and how can you build connection with them – internally/externally?
Case Study: Mario

- 16 year old presented in ED for gunshot wound, actively using opiates
- Ongoing marijuana use
- History of oral fentanyl pills for 2+ years
- Discharged with buprenorphine 8 mg after hospitalized for gunshot wound
- History of overdose requiring naloxone

Mario continued...

- His goals:
  - Does not want to “end up dead”
  - Does not want to go into withdrawal to start a medication
- Larger goals:
  - Stabilize to go to inpatient treatment
- Barriers:
  - Only 1 inpatient treatment in Oregon supports teens with OUD allowing medication assisted treatment - all others are abstinence only

Mario continued...

Group Discussion:
- What questions might you ask Mario?
- How might you try to engage him in care?
- What community partners could be supportive?

Mario update:

- Lost to follow up with our clinic
- Admitted to juvenile detention center
- Met with psychiatrist
- Largest concerns were suicidal ideations
Case Study: Daisy

- 15 y/o female presented to SBHC in September 2022.
- PHQA = 15 - “moderate” depressive symptoms
- CRAFFT:
  - # of days drank more than a few sips of ... alcohol: 1
  - Marijuana: can’t count
  - Any other use to get high?: 0
  - Vaping: “a few times.”

Case Study: Daisy

- Ridden in a car driven by someone who had used alcohol or drugs?: Yes
- Use alcohol to relax?: Yes
- By yourself/Alone?: Yes
- Forget things done?: No
- Family or Friends say you should reduce?: Yes
- Any trouble?: No

Score: 4

National Resources:

SAMHSA - Substance Abuse and Mental Health Services Administration

Youth Recruitment Guide:
Final Thoughts:

- Build community
- Reduce harm

Questions?
Thank You