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SBHC Landscape: Census and Sustainability

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June 25, 2023
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- **SBHCs and Sponsors**

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Q&A

Who’s Here?

Do you represent an:

- SBHC
- Sponsoring Organization
- State Affiliate or Program Office
- National Organization
- School or Educational Agency
- Other Organization

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2001-02 2004-05 2007-08 2013-14 2016-17

2019-20 2020-21

2022 National Census of School-Based Health Centers
Q&A
Were you aware of the Census?
Did you/your organization complete the Census?

Methodology: Sample Identification

SBHA Directory
(N=3,900)

Online News Announcements
State Department of Health, Public Health, or Education Rosters
State Affiliate Rosters

Methodology

• Administered online from April to November 2022 to all known SBHCs in the US
• Incentives provided to early responders
• Final sample included 1,518 SBHCs from 47 states, the District of Columbia, and Puerto Rico
  - Approximately 40% of known SBHCs nationwide
• Survey topics included:
  - Schools and populations served
  - Services and staffing
  - Funding
  - Sustainability
  - Collaboration with other school health providers
## SBHC Delivery Models

<table>
<thead>
<tr>
<th>Location where patient accesses care</th>
<th>Location where providers deliver care</th>
<th>2021-22</th>
</tr>
</thead>
<tbody>
<tr>
<td>Traditional SBHCs</td>
<td>Physically onsite, and remotely for some services</td>
<td>92%</td>
</tr>
<tr>
<td>School-Linked SBHCs</td>
<td>Physically onsite, and remotely for some services</td>
<td>4%</td>
</tr>
<tr>
<td>Mobile SBHCs</td>
<td>Physically onsite, and remotely for some services</td>
<td>3%</td>
</tr>
<tr>
<td>100% Telehealth SBHCs</td>
<td>Remotely for all services</td>
<td>2%</td>
</tr>
</tbody>
</table>

**Represented States in the Census Sample**

Total responses to the survey in 2022: n=1,518 (approximately 40% of SBHCs nationwide)

### Limitations

- Lower response rate than prior surveys
  - Staff turnover/outdated contacts
  - Duplicate entries
  - Competing demands
  - Survey fatigue

- Self-report data
Schools with Access to SBHCs

- All schools in the district: 47%
- Some other schools: 17%
- School(s) where SBHC is located only: 37%

Total responses to this question: n=1,430

Schools Served by SBHCs in the Census Sample

- About 8 out of 10 schools served were Title 1 schools
- About 7 out of 10 students in schools served by SBHCs were BIPOC youth
- About half of schools served were elementary schools

Note: Title I schools receive financial support because they serve a large population of low-income children; this also demonstrates that SBHCs serve low-income populations.

Grade Levels of Schools Served by SBHCs in the Census Sample

- Elementary: 47%
- Middle: 18%
- High: 14%
- Other: 11%
- Other (mental health agency, non-profit, university, etc.): 12%

Note: Preliminary data based on 2022 Census respondents only

SBHC Operations

SBHC Lead Sponsors

- Health Center (e.g., FQHC): 51%
- Hospital / medical center: 10%
- Local health department: 5%
- School systems: 7%
- Other (mental health agency, non-profit, university, etc.): 9%

Total responses to this question: n=1,518 in 2022
**Hours of Care Per Week**

- 1-16 Hrs: 19%
- 16-24 Hrs: 9%
- 24-32 Hrs: 10%
- 32-40 Hrs: 12%
- 40 Hrs: 50%

Total responses to this question: n = 1,503

**Populations Receiving Care at SBHCs**

- 75% of SBHCs provide care to populations other than students enrolled in their schools, compared to 62% in 2016-17

Non-student populations served by SBHCs include:

- Students from other schools: 44% in 2021-22, 32% in 2016-17
- Students’ family members: 72% in 2021-22, 47% in 2016-17
- School staff: 39% in 2021-22, 59% in 2016-17
- Other community members: 17% in 2021-22, 13% in 2016-17

**Electronic Health Record (EHR) Use**

- Yes: 88%
- No: 12%

9 out of 10 SBHCs report that Primary Care and Behavioral Health providers use the same EHR System

**Q&A**

What are you seeing in the field in terms of changes in sponsors, funding, and/or populations accessing services?
SBHC Service Delivery Models and Staffing

Service Delivery Models

expanded care (PC, BH + other): 73%
pC & BH, no other: 9%
Primary care (PC) and PC + other, no behavioral health (BH): 17%

Total responses to this question: n=1,518

Trends in Provider Teams

Primary Care Provider

Nurse Practitioner: 86%
Physician: 20%
Physician Assistant: 10%
Other: 3%

Total responses to this question: n=1,518
Q&A

What are you seeing in the field in terms of demands for services and staffing?

What are some facilitators and challenges to service provision?
What are you seeing in the field with telehealth?

How can we provide telehealth in a way that aligns with SBHC core competencies and school integration?
SBHCs Addressing Social Determinants of Health (SDOH)

Use of Standardized Screening Tools

<table>
<thead>
<tr>
<th>None</th>
<th>Resilience</th>
<th>SDOH</th>
<th>ACEs/Trauma</th>
<th>Substance Use</th>
<th>Depression</th>
</tr>
</thead>
<tbody>
<tr>
<td>2%</td>
<td>6%</td>
<td>6%</td>
<td>30%</td>
<td>31%</td>
<td>52%</td>
</tr>
</tbody>
</table>

Total responses to this question: n=1,518

Standardized Screener(s) Used to Identify Social Needs

<table>
<thead>
<tr>
<th>Accountable Health Communities</th>
<th>HELP Pediatric Social History</th>
<th>WE CARE</th>
<th>PRAPRSE</th>
<th>Developed and/or Modified by the SBHC or Sponsor</th>
</tr>
</thead>
<tbody>
<tr>
<td>2%</td>
<td>4%</td>
<td>8%</td>
<td>15%</td>
<td>35%</td>
</tr>
</tbody>
</table>

Total responses to this question: n=1,454

Supports Provided to Clients and/or Their Families to Obtain Social Needs Services

<table>
<thead>
<tr>
<th>Child care</th>
<th>Employment</th>
<th>Legal</th>
<th>Immigration</th>
<th>Skin care for acne or wounds</th>
<th>Mental health</th>
<th>Academic Support</th>
<th>Transportation</th>
<th>Safety</th>
<th>Food security</th>
<th>Health insurance &amp; enrolment</th>
</tr>
</thead>
<tbody>
<tr>
<td>17%</td>
<td>18%</td>
<td>21%</td>
<td>25%</td>
<td>31%</td>
<td>40%</td>
<td>41%</td>
<td>45%</td>
<td>52%</td>
<td>59%</td>
<td>83%</td>
</tr>
</tbody>
</table>

Total responses to this question: n=1,516
Q&A
What do you see as SBHCs’ role in promoting protective SDOH?

How can SBHCs continue to support students, families, and communities?

Future Directions
How do we understand and represent the field?

Challenges
• Differences in reporting requirements
• Connecting with new SBHCs
• Sponsor and SBHC staff turnover

Opportunities
• Reducing reporting burden
• Building community
• Field-wide cohesion and alignment for effective advocacy

“What’s next?”

“Save the Date”
2024 National School-Based Health Care Conference
JULY 1-3 2024
Renaissance Downtown Hotel, 999 Ninth Street, NW, Washington DC