Why school-based health care?

School-based health care is a partnership among a community health care provider, a school, and a community. Primary care and/or behavioral health clinicians employed by community health care organizations partner with schools to deliver health care to students in school. School-based health care comes in many shapes and sizes, from screenings and brief interventions, to behavioral health counseling, to vaccination efforts, to preventive and acute primary care. School-based health care complements the important services provided by school-employed health professionals such as school nurses, school counselors, and school social workers.

A school-based health center is a robust form of school-based health care in which primary care services are available to students in a location on or near a school campus in-person, via telehealth, or through a hybrid in-person/telehealth model. Most SBHCs are open full-time, and most offer additional services like behavioral health, oral health care, and vision care. They offer an ideal model for school-based health care because they remove barriers to access, treating children in a convenient, nurturing, and easily accessible setting. The Community Preventive Services Task Force (CPSTF), an independent, nonfederal panel of public health and prevention experts established by the U.S. Department of Health and Human Services, recommends the implementation and maintenance of SBHCs in low-income communities to improve education and health outcomes.

Our purpose

The School-Based Health Alliance (SBHA) is the premier national technical assistance and training provider to the school-based health care field. We contribute to improving child and adolescent health via school-based health care by supporting and creating community and school partnerships. Our consulting team offers more than 250 years of combined experience working with teams in planning, implementing, operating, evaluating, and improving community-provided school-based health care, including school-based health centers (SBHCs).
How can healthcare providers be involved?

Organizations that provide children’s health care services can act as “health sponsors” for school-based health care programs, including school-based health centers. A health sponsor provides health care services, as well as staff supervision, billing infrastructure, and health information technology. Health Centers sponsor over half of SBHCs nationwide. They know how to deliver high-quality primary care, mental health, oral health, and vision care to school-aged children and adolescents. Moreover, due to their Medicaid reimbursement rate, Health Centers may be well-positioned to sustain SBHCs. Hospitals sponsor about 20% of SBHCs across the country. Their links to a range of specialists and their ability to use community benefit funding can create increased access to care for students. Health departments, which sponsor 6% of SBHCs nationwide, provide a number of services that may align closely with the missions of SBHCs, including Vaccines for Children, regular needs assessments, and Title V and X services. Other entities, including nonprofits and school systems, also sponsor SBHCs.

Ready to start working with us?

CONTACT US AT INFO@SBH4ALL.ORG to discuss individualized consulting options. Our team will respond to your email with a few questions to learn more about your goals and set up a call to discuss your needs and budget.

Our services

Using proprietary school-based health care tools and resources and based on best practices from the field, we work with teams at all stages of school-based health care program development—from clients engaging in initial conversations to identify an education partner, to teams who are beginning to offer some primary care or behavioral health services in partnership with schools, to organizations with fully-operational SBHCs who need support in creating improvement plans.

START-UP & CAPACITY BUILDING

For groups interested in starting school-based health care programs, we offer consulting on selecting a school partner whose community is conducive to sustainable school-based health care, advisory groups, readiness assessment, business planning, sustainability, and planning grants. We also offer capacity building through individualized coaching calls and trainings.

IMPROVEMENT ASSESSMENT AND COACHING

For existing school-based health care programs, we offer personalized and continued support for improving partnerships, sound business practices, and high-quality practice.

TRAINING

We offer trainings on a variety of topics, including SBHC 101, core competencies for school-based health care, partnerships, marketing, quality improvement, sustainability, social determinants of health, and adolescent-friendly health care.

YOUTH DEVELOPMENT TECHNICAL ASSISTANCE

We offer technical assistance to support integrating the youth development approach into school-based health care programs and other child and adolescent health-focused programs. We help organizations create meaningful partnerships with youth throughout their programming, such as developing youth advisory councils and youth programs at conferences.