Welcome

Webinar will start in a few minutes!

www.sbh4all.org
Got Transition?
Launching Students From SBHCs Into Adult Health Care

A New Playbook for Getting Started

April 26, 2022
Laura Brey, MS
Chief Operating Officer and Chief Strategy Officer, School-Based Health Alliance
We provide technical assistance and training to the school-based health care field

We support the improvement of students’ health via school-based health care by supporting and creating community and school partnerships

www.sbh4all.org
Hello, I’m Diana.

● School health consultant
● Advisor on K-12 COVID response
● School administrator: school health services, SBHCs, 504 plans, wellness, HIV/STI prevention, teen pregnancy and LGBTQ/transgender accommodations
● 25+ years working at intersection of health and education equity
● Parent of two college students!
OBJECTIVES

Participants will be able to...

• Have a foundational knowledge of Healthcare Transition.

• Be aware of the playbook and its resources.

• Get excited about starting their own Healthcare Transition program.
Agenda

• Introduction & how you can participate.
• The Playbook introduced by Samhita Ilango.
• Question & Answer from the Participants.
• Fireside Chat with Dr. Veena Channamsetty and Andrea Dobrozensky.
• Question & Answer with the Audience.
• Closing Poll & Thank you!
How to participate:

• All attendees are in listen-only mode.

• To ask a question during the session, use the “Q&A” icon that appears on the bottom your Zoom control panel.

• To turn on closed captioning, click on the “CC” button.

• Please complete evaluation poll questions at the end of the presentation.
School-Based Health Center Playbook on Health Care Transition

Presented by Samhita Ilango
About Got Transition

• Got Transition® is the federally funded national resource center on health care transition (HCT).

• Its aim is to improve the transition from pediatric to adult health care using evidence-driven strategies for clinicians and other health care professionals; public health programs; payers and plans; youth and young adults; and parents and caregivers.

• Got Transition is a program of The National Alliance to Advance Adolescent Health and is funded through a cooperative agreement from the federal Maternal and Child Health Bureau, Health Resources and Services Administration.
What is health care transition (HCT)?

• HCT is the process of moving from a child/family-centered approach to care to an adult/patient-centered approach to care

• This change involves assisting high school students in managing their own care and helping them navigate care independently

• HCT also helps them to understand the differences in privacy and consent that happen during adolescence and adulthood

• HCT helps students find and stay connected to adult care once they leave their SBHC

• Got Transition’s HCT 101 video: What is Health Care Transition? HCT 101
Why is HCT important?

- **80% of youth in the US ages 12-17** have not received HCT preparation from their health care providers\(^1\)

- Research has shown that a structured HCT process has significant positive improvements for youth in terms of health outcomes, self-care skills, satisfaction with care, and reductions in hospital admissions\(^2\)

- The American Academy of Pediatrics, American Academy of Family Physicians, and American College of Physicians call for HCT to be part of routine primary, chronic, and behavioral health care, starting early in adolescence and continuing into young adulthood\(^3\)

- These organizations recommend the Six Core Elements of HCT

- To learn more about the Six Core Elements of HCT, [click here](#)

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How can SBHCs help?

- Knowledge of one’s own health and health care is part of the transition to adult care and an essential element of adolescent learning, one that has not previously received the attention it deserves.

- SBHCs are well-positioned to offer HCT services, building on their ongoing efforts to provide student-centered care and support students’ active engagement in their own care.

- Use this Playbook!

- The Playbook guides SBHCs and other school staff on assisting students with their preparation for the transition from pediatric care to adult health care.
The Playbook

The playbook has 4 sections to guide the process to integrate HCT into SBHCs

1. Starting An HCT Process
2. HCT Intervention Tools
3. Examples from the Field
4. Additional HCT Resources
Starting an HCT Process

The Playbook guides SBHCs and other school staff on assisting students with their preparation for the transition from pediatric care to adult health care. Guidance and sample resources can be found in the following Playbook sections: Starting an HCT Process, HCT Intervention Tools, Examples from the Field, and Additional HCT Resources.

- Form a Team and Enlist School Support
- Develop an HCT Improvement Plan
- Develop an Implementation Plan/Workflow
- Track and Measure HCT Improvements
- Communicate, Disseminate, and Advocate
Four different HCT tools, described in detail below, can be used as part of the intervention: Welcome and Care HCT Policy, transition readiness assessment, medical summary, and a resource to find an adult doctor in the community. This table indicates at which age SBHC students may be ready to receive each tool during high school.

<table>
<thead>
<tr>
<th>Health Care Transition Tools</th>
<th>Younger High School Students (ages 14-16)</th>
<th>Older High School Students (ages 17+)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome and Care HCT Policy</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Transition Readiness Assessment</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Medical Summary</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Resource to Find an Adult Doctor in the Community</td>
<td></td>
<td>X</td>
</tr>
</tbody>
</table>

- Welcome and Care Policy
- Transition Readiness Assessment
- Medical Summary
- Resource to Find an Adult Doctor in the Community
Examples From The Field

- **Connecticut’s Community Health Center, Inc.** created a Transition Age Youth (TAY) playbook with templates from the Six Core Elements of HCT embedded in their EHR.

- **Michigan’s Department of Health and Human Services** partnered with the Blue Devil Wellness Center in Wakefield, Michigan, an SBHC run by the health department of Northwest Michigan, to replicate an SBHC transition project based on the Six Core Elements of HCT.
The Playbook

Additional HCT Resources

- Youth, Young Adults, and Family Resources
- Tools for Other School Settings
- Tools for the SBHC HCT Team
Q&A

Please enter your questions into the Q&A box in the Zoom control window.

Diana Bruce, Samhita Ilango, Peggy McManus, and Patience White
Welcome to Community Health Center, Inc.

School-Based Health Care
Community Health Center, Inc.
Locations and Service Sites in Connecticut

Federally Qualified Health Centers (FQHCs)
- Nation’s largest safety net setting: 1,352 FQHCs
- Located in designated high need communities
- Caring for 28 million patients annually
- 93% served are below 200% poverty
- Public reporting on cost, quality, and utilization

Elements of Model
- Fully integrated teams and data
- Integration of key populations into primary care
- Data driven performance
- “Wherever You Are” approach to special populations

CHC Profile
- Founding year: 1972
- Primary care hubs: 16; 204 sites
- Staff: 1,300
- Patients/year: 100,000; Visits/year: 600,000
- SBHCs across CT: 180; Students/year: 18,000
- Specialties: onsite psychiatry, podiatry, chiropractic
- National leaders in quality and innovation

Weitzman Institute
- QI experts; national coaches
- Project ECHO™— special populations
- Formal research and R&D
- Clinical workforce development
- NNPRFTC / NIMAA / ConferMED

Three Foundational Pillars
1. Clinical Excellence
2. Research and Development
3. Training the Next Generation
Care since 1993

In a school year we reached over 18,000 student/patients

Providing care in 175 schools across the state

- 31 Comprehensive services (includes Medical) locations
- 76 fixed Behavioral Health and Mobile Dental locations
- 78 Mobile Dental only locations
Health Care Transition
Pilot implementation

• Value Based Care partnership with the state in 2018
  • Prioritized Transition Age Youth with Behavioral Health (BH) conditions
• Got Transition Resources
• Identified high school- School Based Health Centers
  • Prioritized 17 year old students in school based BH services
  • Piloted HCT in these students
    • Developed a Transition Age Youth (TAY) process and procedure
    • Identifying the appropriate population of students
    • Embedded TAY in our Clinical Decision Support System (CDSS) and E.M.R.
    • Trained all school based BH clinicians to the process
Health Care Transition
Post pilot expansion

• Expanded eligible student population in BH to ages 13 years and older
• Completed a refresher training for the BH clinicians

• Began pilot in Medical: engaged out-patient pediatric medical practice in TAY trainings- 2021
  • Prioritized patients aged 17 years and older
  • Trained Medical Providers, Nurses, and Medical Assistants to the TAY process

• Engaging School Based Medical Providers currently in the TAY process
## Embedding with in the E.H.R
### Transition Age Youth Care Module

**Transition Readiness**
- Transition Care Planning Started? **Yes**
- Encourage the adolescent to assume increasing responsibility for their healthcare management **Yes**
- The adolescent understands and can verbalize their health conditions and medications **No**
- Meet privately with the adolescent for part of the visit **Yes**
- Assess the adolescent readiness for transfer to an adult provider and addresses gaps in preparation (knowledge and skills) as identified in the GOS Transitions assessment form (two scalable assessments for youth and parent) **Yes**
- GOS Readiness Transition form (Patient/Caregiver) **Yes**

**Transition Planning**
- Address gaps in preparation, knowledge and skills **Yes**
- Assess the need for guardianship/conservatorship, access the adolescent’s ability to make independent decisions **Yes**
- Identify potential barriers and solutions to ongoing engagement and success in transition (Consider complexity of youth condition and intellectual ability) **Yes**
- Identify possible adult providers within CHC **Yes**
- Adolescent/Parent identifies a provider outside of CHC **Yes**
- Children and youth with special healthcare needs (CHYN) are those at increased risk for a chronic physical, development, or behavioral condition AND services beyond those generally required **Yes**

**Transition of Care and Transfer Completion**
- Signed RO for the adult provider if outside of CHC **Yes**
- Discuss transfers of care with adult providers **Yes**
- Transition Recommendations **Free text**
- Discharge **Yes**
Clinical Decision Support & Embedding with in the E.H.R

Reason for Appointment
1. 18 yrs - eligible
2. Adolescent WCC - patient is here with
3. check immunizations (HPV x 2 mo apart, 3 doses if 1st dose after age 15 yrs)?
4. IEP/504?
5. Transition Age Youth
6. G&I forms completed and scanned into chart
## Monitoring Success

Monitoring and Tracking: Tableau reporting data

<table>
<thead>
<tr>
<th>School</th>
<th>Needs BH TAY</th>
<th>Has BH TAY</th>
<th>% With BH TAY</th>
<th>Needs MedT</th>
<th>Has Med TAY</th>
<th>% With Med TAY</th>
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</thead>
<tbody>
<tr>
<td>School Based Bristol Tech</td>
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<td>6</td>
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<tr>
<td>School Based Broad Brook Elem.</td>
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<tr>
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<tr>
<td>School Based Emmett O'Brien T.</td>
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<td>0.00%</td>
<td>60</td>
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<tr>
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<td>22</td>
<td>47.83%</td>
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<tr>
<td>School Based Gaffney</td>
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<td>0.00%</td>
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<tr>
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<tr>
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<tr>
<td>School Based John Barry Mental.</td>
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<tr>
<td>School Based Joseph McIlle</td>
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</tbody>
</table>

### Agency Totals

- Total BH TAY: 274
- Total Needs: 768
- Total % With BH TAY: 35.68%
- Total Needs Medical TAY: 4
- Total Needs Medical TAY: 1915
- Total % With Med TAY: 0.21%
Fireside Chat

Dr. Veena Channamsetty & Andrea Dobrozensky
Q&A
Please enter your questions into the Q&A box in the Zoom control window.
Resources & what is coming up next:

The recording will be available 1-3 business days after the webinar.

Join us for a twitter chat on May 11th from 3pm-4pm ET
@GotTransition2 @sbh4all

Join us at School-Based Health Alliance Conference for the GOT Transition presentation!

Access these tools and additional resources on at GotTransition.org

The Playbook:
https://tools.sbh4all.org/health-care-transition/health-care-transition-home/

Additional webinars to explore from School-Based Health Alliance:
http://www.sbh4all.org/webinars
SAVE THE DATE!

National School-Based Health Care Conference

2022

ACHIEVING

HEALTH EQUITY

THROUGH SCHOOL-BASED HEALTH CARE

VIRTUAL CONFERENCE

June 27-30, 2022

Registration is Open

Reserve your spot today!

Website: www.sbh4all.org
THANK YOU!

For more information, contact:

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@GotTransition2 @sbh4all
@HealthCareTransition @SchoolBasedHealthAlliance