Public Housing Collaboration
San Ysidro Health
Our Mission
To improve the health and well-being of the communities we serve with access to all.

Our Vision
To be recognized in the community as a:
• patient-centered,
• high-functioning, and
• value-based health care organization

Our Values
Respect, Excellence, Integrity, Empowerment
Services and Locations

HEALTH INSURANCE ENROLLMENT

To apply for health insurance, you must present one of the following documents. Eligibility proof is not required if applying for the CHDP or F-PACT programs.

Any one of the following:

- **Proof of Identity**: California driver's license or identification card, US Birth Certificate with Photo ID, US Passport, Certificate of Naturalization or Permanent Resident Card.
- **Proof of Address**: Utility bill with your current address, rental agreement or mortgage payment
- **Income**: Most recent paycheck stub, most recent tax return, or letter from current employer signed and dated. If self-employed, profit and loss statement. Unearned Income: Child support, alimony, SSI, SSDI or unemployment pay stub. If no income, please call for more information.
- **Social Security Card**: Only for those in household requesting insurance.

To apply for San Ysidro Health's Sliding Fee Discount Program, you must provide the following documentation:

- **Proof of Address**: Utility bill with your current address, rental agreement or mortgage payment receipt
- **Proof of Income**: Most recent paycheck stub, most recent tax return, letter from current employer signed and dated or unemployment pay stub. If no income, please call for more information.

San Ysidro Health Sliding Fee Discount Program is based on your family size, income and Zip Code area. Please refer to the Sliding Fee Scale form for complete details.

Register In-Person: Go to any of San Ysidro Health's locations and stop by the registration desk.

YOUR GUIDE TO

SERVICES OFFERED

**PRIMARY CARE**
- Family Medicine
- Adult Medicine
- Geriatric Care
- Adult Dentistry

**PEDIATRICS**
- Pediatric Care
- Pediatric Dentistry
- Child Development
- Immunizations
- Child Health and Disability Prevention (CHDP)
- Teen Services

**DIAGNOSTIC SERVICES**
- Laboratory
- Radiology

**URGENT CARE**
- Convenient Hours

**SERVICES OFFERED**

**SENIOR SERVICES**
- PACE (Program of All-Inclusive Care for the Elderly)
- Senior Center

**WOMEN'S SERVICES**
- Gynecology
- Pregnancy Testing
- Prenatal Care
- Family Planning
- Cancer Detection

**PHARMACY**
- Two Locations

**MOBILE SERVICES**
- Transportation for appointments
- Medical Mobile Units

SAN YSIDRO HEALTH

SPECIALTY MEDICAL CARE
- Cardiology
- Chiropractic Services
- HIV / AIDS
- Optometry
- Orthodontics
- Perinatology
- Podiatry

ADDITIONAL SERVICES
- Behavioral Health Counseling
- Family Resource Center
- Health Education
- Case Management
- Social Services
- WIC (Women, Infants and Children)

HEALTH INSURANCE
Enrollment & Support Services
(619) 600-3000

YOUR MEDICAL HOME

619.662.4100

www.syhealth.org
Services and Locations

Transportation Service Hours are Monday through Friday from 8:00 AM to 4:00 PM. Please call 619.662.4137 to schedule a transportation appointment.

Mission
“The mission of San Ysidro Health is to improve the health and well-being of the communities we serve with access for all”
Poll question

How does your health center partner with public housing?
1. On-site services via public housing health center
2. Providing services via mobile clinic
3. Referrals linking residents to SBHC or FQHC
4. No current partnership
Mobile Health Services
Overview

3 Medical Mobile Units.
1 school-based mobile unit serving:
  • San Ysidro High School
  • Chula Vista High School

2 units providing preventive medical services in the community.

Providing services throughout our communities
Mobile Health Services

- Well Child exams
- School entry
- Sports
- Camp
- Foster placement
- Immunizations

- Health Education
- Vision and hearing testing
- Lead and Hemoglobin test
- Pregnancy test
- TB test
- Minor sick visits
Connecting with the Community

We offer medical services at a location convenient to our patients and help guide them to a fixed site medical home for on-going affordable quality primary health care (medical, dental & behavioral) services.
Community Partners

- School Districts
  - High Schools
  - Elementary Schools
- Head Start
- Apartment Complex
  - Affordable Housing
  - Low Income
- Grocery Stores
- Strip Malls
- Resource Centers
- Faith Based Organizations
- Food Bank
2017 Public Housing Numbers

• 6,471 unduplicated public housing residents received care
• 36,841 patient visits
• 17 public housing site collaborations with a total of 3,005 units
  • Medical mobile unit services 9 of these sites
• Partnerships range from 2 to 13+ years
Poll question

Who is your main point of contact in the public housing site?
1. Resident services coordinator
2. Housing/Development corporation manager
3. Community liaison
4. Resident Volunteer
Public Housing Collaboration

Main point of contact
• Housing Manager
• Resident Services Coordinator

Types of collaboration
• Monthly medical mobile unit visits
• Health education classes
• Special events or health fairs
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**LAST UPDATE** 2/15/2017
Health Education

Provide classes and workshops in different topics
• Parenting
• Anger Management
• Self esteem and co-parenting

Connect patients with mobile clinic and other community resources
Collaboration For Events

• Obtain approval from property management
• Secures appropriate space inside the property
• Coordinate logistics for booth set up
• Look for additional community resources
• Promote event among residents
• Provide snacks and refreshments
• Arrange activities for children and blood pressure screenings for adults
• Offer insurance enrollment information
• Offer free HIV testing

Our program coordinator oversees each event in close collaboration with the resident services coordinator
Adolescent friendly programs

Teen clinic (free and confidential)
• STI testing and treatment
• Pregnancy testing, counseling and referral
• Counseling (Healthy relationships, sexuality, etc.)

YES program
• Individual family and group therapy
• Substance abuse counseling
• Psychiatric services
Poll question

Do you find your relationship with the public housing site to be:
1. Very successful
2. Successful
3. Fair
4. Poor
Accomplishments

- Cultivated relationships with public housing sites for over 13 years
- Through our medical mobile unit program we started a successful school based health center in Lincoln High School
- Collaboration with Chula Vista High school since 2014
- Breast cancer awareness events in collaboration with Susan G Komen and Northgate Markets
- Day of the Child in collaboration with Northgate Markets and ECS Head Start
Best practices and tips

Connecting with your public housing:
• Reach out to residents services coordinator
• Dedicate a day out of each month to visit the sites
• Invite and coordinate your visit with other programs that may interest the residents
  • Ex/food banks or other community resources
• Attract residents by providing free screenings (ex/BP)
• Schedule residents for additional services on site, such as dental appointments as well as transportation services
Thank you

MARIA SANCHEZ | Mobile Health Services Program Manager

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