



## Enhancing the Young Adolescent Female Well-Care Visit

The School-Based Health Alliance is pleased to announce our upcoming project, Enhancing the Young Adolescent Female Well-Child Visit.

*Request for Applications (RFA)*

*Application Deadline: October 19, 2018*

For more information, contact:

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### Project Overview

In Enhancing the Young Adolescent Female Well-Care Visit, ten school-based health centers will pilot-test and validate the “Thinking About Good Health” young adolescent female tools to assist providers, and adolescent females (ages 9-14, 15-young adult) during the WCV, to increase HPV vaccination rates.

### Project Background

If adolescents complete a standardized self-assessment questionnaire, and providers use a checklist prior to a well-care visit (WCV), it empowers both patients and providers to engage in difficult conversations, which leads to successful comprehensive well-care visit outcomes. AMA’s Guidelines for Adolescent Preventive Services (GAPS), created during the 1990s and early 2000s, incorporated self-administered questionnaires and tools to help providers in prioritizing risk during the adolescent preventive visit. However, currently, no standardized male or female self-assessment questionnaires exist to facilitate adolescent-provider conversations about challenging topics such as gender identity, reproductive health, sexually transmitted diseases, and substance use.

During 2015-2017 school years, with support from Merck, the Alliance in partnership with American Sexual Health Association (ASHA), Healthy Teen Network, and three state Alliances:

- completed a literature about young male health, well-care, and HPV vaccination;
- conducted focus groups with young adolescent males ages 15-young adult on where they get health information, adolescent preventive care and well-care visits, conversing with health providers about sensitive topics, and HPV; and
- developed and pre- tested a self-assessment questionnaire and provider checklist for the adolescent male 15-young adult well-care visit (WCV).



In 2016-2017 school year, with support from Merck and the Highmark Foundation, the Alliance in partnership with ASHA and three state affiliates continued this work, and:

- collected pre-and post-surveys on clinic practice and provider self-efficacy;
- developed a pre-visit self-assessment questionnaire and provider checklist for male ages 9-14 WCV;
- pilot tested the pre-visit self-assessment questionnaires and provider checklist for males ages 9-14 with WCVs in school-based health centers;
- collected post WCV experience of care surveys from young male participants and post WCV provider surveys; and
- developed and pre-tested self-assessment questionnaires and provider checklists for the female ages 9-14 and 15-young adult WCVs;

#### Findings:

- 85% of the young male adolescents ages 9-14 participants (n=213) reported they felt comfortable talking about private things with the provider, 96% knew more about HPV and HPV vaccination, 99% wanted the HPV vaccine;
- Providers reported that 54% of the young male adolescent participants received the vaccine and encountered parental refusal issues with 24% of the WCVs;
- 96% of the young adolescent females (n=60) found the self- assessment easy to understand and said they would use a checklist like this before going to their well visits (n=60);
- 96% of providers (n=78) found the young adolescent female WCV provider checklist well-organized and easy to use, 94% felt it was comprehensive in guiding conversations on sexual and other health issues, and 97% found young adolescent female WCV pre-visit self-assessment questionnaire easy to use and understand.



## Project Objectives

1. Engage 300 young adolescent females (YAF) between the ages of 9-14, and 15-young adult, enrolled in participating SBHCs, in open conversations with trusted primary care providers about difficult subjects: HPV, HPV vaccination, STIs, sexual intercourse, prevention, gender identity, alcohol and drug use, anxiety and depression, and the female reproductive health exam during well-care visits (WCVs) in SBHCs by April, 2019.
2. Increase the self-efficacy (knowledge, skill, comfort, and confidence) of ten SBHC primary care providers to engage young adolescent females (YAFs) between the ages of 9-14, and 15- young adult in open conversations about difficult subjects: HPV, HPV vaccination, STIs, sexual intercourse, prevention, gender identity, alcohol and drug use, anxiety and depression, and the female exam during well-care visits (WCVs) by April, 2019.

## Outcomes

Overall outcomes include positive changes in clinical and provider practice, improved provider self-efficacy, improved patient health literacy, and positive experiences of care for patients.

Provider outcomes include:

- Increased self- efficacy in engaging in conversations about HPV and HPV vaccination when performing YAF WCV's
- Conducting open, honest reproductive health discussions with YAF's

SBHC outcomes include:

- Increased rate of initiation of HPV vaccination series

Patient outcomes include:

- Increased knowledge and understanding of HPV
- Receipt or intent to receive HPV vaccine
- Positive experiences of care

Alliance staff will document these outcomes through:

- Clinic practice pre and post survey
- Provider orientation and education
- Provider self-efficacy pre and post survey
- Provider and adolescent experience of care surveys



## Future

Following this project, we plan to take both the young adolescent male (YAM) and YAF tools to scale. We will post the updated tools on the Alliance and ASHA's websites for all SBHCs and adolescent providers to use.

## Availability of Funds

The School-Based Health Alliance will provide stipends of \$1,000 for up to ten SBHC sites. Each SBHC will be eligible for up to \$300 in student incentives (\$10 each x 30 females per SBHC site). Providers will also be eligible for a raffle for travel costs and registration to attend the 2019 National School-Based Health Care Convention. Five providers will be selected.

## Eligibility

The School-Based Health Alliance welcomes applications from all SBHCs that serve young adolescent females (ages 9-14, and 15-young adult). Applicants must be currently enrolled in the [Vaccines for Children Program](#) and must administer the HPV vaccine. Each health center must include at least one provider who vaccinates. A second staff member can be included on the application, such as a medical assistant or health educator. Participants will be selected to represent a geographic diversity, a diversity in ages of females served, and diversity of sponsor organization types.

## SBHC Participant Requirements/Schedule of Key Dates

SBHC Participants must commit to the following.

- Sign a letter of agreement between the Alliance and your SBHC (October 31, 2018).
- Join the School-Based Health Alliance as an organizational member if your sponsoring organization is not already a member.
- Participate in one 90-minute introductory kick off and one 60-minute training call (October 29-November 16, 2018) over Zoom virtual technology.
- Use survey gizmo platform to provide baseline data on clinic practices and complete a provider self- efficacy questionnaire (November 12-November 21, 2018) (60 minutes).
- Complete WCVs for 30 females (ages 9-14, or 15- young adult) using “Thinking About Good Health” tools including the provider checklist and disseminating the pre-visit self- assessment questionnaires to participants to complete prior to their WCVs. Both providers and adolescent females will complete experience of care surveys following each visit. Participants will be required to enter data in survey gizmo platform. Data collection will occur (November 26, 2018-March 29, 2019). (10 minutes per visit x 30 visits).



- Participate in monthly reporting and coaching calls (December-March) (60 minutes each).
- If selected to attend the 2019 National School-Based Health Care Convention (June 2019), there will be an opportunity to participate in a panel presentation to highlight the successes and lessons from your efforts. All project participants will share successes and challenges of the project with SBHC staff in the field. (April-June, 2019).
- After the project concludes, SBHCs will continue to use the “Thinking About Good Health” tools if found to be valid and reliable.

### Selection Process

Applications due to [Jsnyder@sbh4all.org](mailto:Jsnyder@sbh4all.org) by October 19, 2018. Participants will be selected and notified by October 23, 2018.



## Enhancing the Young Adolescent Female Well-Care Visit Application

**Please type. Space is limited, so please complete and return three pages to [Jsnyder@sbh4all.org](mailto:Jsnyder@sbh4all.org) by October 19, 2018.**

### **SBHC information**

Health Center Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

School Name: \_\_\_\_\_

Please check one box for each of the items below.

My school community is:      urban                      suburban                      rural

My school serves:              elementary                      middle                      high school

My SBHC is sponsored by:      Federally Qualified Health Center

Hospital                      Department of Health                      Department of Education

University                      Other

Name of Project Lead/Vaccinating Provider: \_\_\_\_\_

Job Title: \_\_\_\_\_

Credentials: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Name of other staff member: \_\_\_\_\_

Job Title: \_\_\_\_\_

Credentials: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Email: \_\_\_\_\_



**SCHOOL-BASED  
HEALTH ALLIANCE**  
Redefining Health for Kids and Teens

**Clinic Practices:**

Number of young adolescent females (ages 9-14) enrolled in your health center. \_\_\_\_\_

Number of young adolescent females (15-young adult) enrolled in your health center. \_\_\_\_\_

Number of unduplicated young adolescent female patient visits (ages 9-14) with the past 12 months.

\_\_\_\_\_

Number of unduplicated young adolescent female patient visits (ages 15-young adult) with the past 12 months. \_\_\_\_\_

**Interest:**

Did you participate in the young adolescent male (YAM) project or did you provide initial feedback on our initial young adolescent female tools?                      Yes                      No

Please describe your interest in this work. What will participation make possible for your SBHC? What will it make possible for your patients?

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How does your SBHC practice align with the project objectives?

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What barriers do you anticipate? What technical assistance and support will you need from the School-Based Health Alliance?

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How will you encourage females to complete the post- visit survey? What incentive will you provide?

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**SCHOOL-BASED  
HEALTH ALLIANCE**  
Redefining Health for Kids and Teens

**Eligibility**

Is your SBHC currently enrolled in Vaccines for Children? Yes                      No

Are you able to participate in the kick off and training calls? (October 29-November 16, 2018)

Yes                      No

Are you able to participate in data collection and reporting? (November 2018- March 2019)

Yes                      No

Are you able to participate in monthly check in calls? (December 2018-March, 2019)

Yes                      No

Is your sponsoring organization an organizational member of the School-Based Alliance?

Yes                      No

If no, will sponsoring organization become an organizational member if selected?

Yes                      No