

Hallways to Health Impact Assessment

Hallways to Health Impact Assessment Instructions

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Hallways to Health Initiative has activated school-based health centers (SBHCs) in taking a significant role in student and school staff health promotion and wellness outside the health center walls. Hallways to Health sites have focused on the development and implementation of school-wide wellness efforts in the areas of healthy eating, active living, and social emotional health programs, protocols, and policies.

WHY?

The purpose is to gather perspectives about the impact of the Hallways to Health Initiative on school and community partnerships, school climate, school-wide wellness programs, protocols and policies.

WHO?

We are requesting that 3-5 people from each school participating in Hallways to Health complete this Assessment individually. This may include the: SBHC Providers, Health Educator, SBHC Director, School Administration, and/or other key stakeholders involved in the Hallways to Health Initiative.

HOW?

It should take each person approximately 15-20 minutes to complete the assessment.

Your Background

1. What is your role(s) at this school?

Check all that apply.*

- Health educator
 - Nurse practitioner
 - Physician
 - Physician Assistant
 - School nurse or health aide
 - Teacher
 - Special Education Teacher
 - Administrator
 - Counselor, psychologist, social worker
 - Other SBHC provider
 - Other, please specify:
-

2. What are your responsibilities for services or instruction related to student or staff health, prevention, discipline, counseling and/or safety in your school? Check all that apply.*

- I help plan or develop school health polices, services and/or instruction
 - I provide direct health or wellness services
 - I work directly with the SBHC
 - I work directly with the Hallways to Health Initiative
 - Other: Please specify:
-

Stakeholder Involvement

3. Please report on STAKEHOLDER INVOLVEMENT of teachers, students, and parents/guardians in school health.

At our school...

Teachers refer students to the SBHC for services.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Teachers participate in SBHC sponsored activities (clinical and school-wide).

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Teachers allow class time for SBHC staff to provide health education or other wellness programs..

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Students participate in school-wide SBHC sponsored activities and programs.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Students know about SBHC services.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Students know about SBHC services.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Parents/Guardians provide consent (if needed) for their children to use the SBHC.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Parents/Guardians participate in SBHC sponsored family activities and programs.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

4. Please report on STAKEHOLDER INVOLVEMENT of school administration and community agencies in school health.

At our school... *

Teachers refer students to the SBHC for services.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Teachers participate in SBHC sponsored activities (clinical and school-wide).					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Teachers allow class time for SBHC staff to provide health education or other wellness programs.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Students participate in school-wide SBHC sponsored activities and programs.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Students know about SBHC services.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Students utilize SBHC services.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Parents/Guardians provide consent (if needed) for their children to use the SBHC.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Parents/Guardians participate in SBHC sponsored family activities and programs.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
School administration promotes school health policies.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
School administration supports SBHC efforts.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
School administration meets regularly with the SBHC staff.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
School administration provides requested support to the SBHC.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Local community agencies receive referrals from the SBHC.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Local community agencies provide clinical services at the SBHC (such as FQHC, behavioral health provider, etc.)					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Local community agencies offer school-wide health and wellness programs (such as YMCA, Boys & Girls Club, yoga teachers, etc.)					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

5. Please report on your SBHC's Involvement in SCHOOL-WIDE HEALTH POLICIES/PROGRAMS.

Our SBHC...*

Is involved in decision-making regarding school health programs and policies.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Is part of a school-wide committee that meets at least monthly.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Communicates with school staff (i.e. school nurse or school counselor) to avoid duplication and to improve coordination of care.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Works with our school to conduct needs assessments to ensure that school health services, including referral systems to community services, meet the student health needs.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Is sought after by the school/school district to pursue joint funding opportunities or expand health programs and services.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Student Social and Emotional Wellness

6. Please report on your STUDENT SOCIAL & EMOTIONAL WELLNESS programs and policies.

Our school or SBHC....*

Provides clinical behavioral health assessments and screenings.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Provides clinical behavioral health assessments and screenings to identify youth with behavioral health needs.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Provides school-wide behavioral health assessments and screenings to identify youth with behavioral health needs.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Provides access to behavioral health counseling and support services to all students, either on-site or through referrals.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Emphasizes teaching relaxation and stress-reduction techniques to students through programs such as meditation or yoga.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Ensures access to behavioral health groups for students in need of extra support.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Provides school-wide programs to improve student social and emotional wellness.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Provides school staff with professional development to help them support students with behavioral health needs.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Emphasizes mindfulness, conflict resolution, or opportunities for behavioral health counseling in place of suspension and detention.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Student Healthy Eating and Active Living

7. Please report on your STUDENT HEALTHY EATING & ACTIVE LIVING programs and policies.

Our school or SBHC...*

Has a policy or protocol to conduct Body Mass Index (BMI) screenings for SBHC clients.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Has a policy or protocol to conduct BMI screenings for all students.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Has a policy or protocol to provide follow-up services to students with high BMI results.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Has a policy or protocol to conduct food insecurity screenings in the SBHC.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Has a policy or protocol to conduct food insecurity screenings to all students.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Has a policy or protocol to provide school-wide or classroom based health education.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Has a school garden that involves students, shares produce with students, and/or that educates students about nutrition.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Has implemented healthy food polices that limit/restrict unhealthy foods from being sold or given to students at school.

	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					

Please provide any comments to help explain the change over time:

Provides a school breakfast program that ensures all students have access to a healthy breakfast.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Offers students opportunities for physical activity during school hours.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Offers students opportunities for physical activity before/after school hours.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Student Healthy Eating/Active Living Continued

8. Please report on your STUDENT HEALTHY EATING & ACTIVE LIVING programs and policies.

Our school or SBHC...*

Has a policy or protocol to conduct Body Mass Index (BMI) screenings for SBHC clients.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Has a policy or protocol to conduct BMI screenings for all students.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Has a policy or protocol to provide follow-up services to students with high BMI results.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Has a policy or protocol to conduct food insecurity screenings in the SBHC.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Has a policy or protocol to conduct food insecurity screenings to all students.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Has a policy or protocol to provide school-wide or classroom based health education.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Has a school garden that involves students, shares produce with students, and/or that educates students about nutrition.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Has implemented healthy food policies that limit/restrict unhealthy foods from being sold or given to students at school.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Provides a school breakfast program that ensures all students have access to a healthy breakfast.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					
Offers students opportunities for physical activity during school hours.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Offers students opportunities for physical activity before/after school hours.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

School Employee/Staff Wellness

9. Please report on your STAFF WELLNESS programs and policies.

Our school or SBHC... *

Assesses the needs of school staff to design school staff wellness strategies with their needs/wants in mind.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Promotes school staff nutrition by offering healthy food at meetings and through staff appreciation events and/or providing nutrition education through bulletin board or email postings.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Promotes school staff physical activity and stress reduction through chair massages, yoga classes, mindfulness exercises, walking clubs, and/or other exercise opportunities.					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					

Provides school staff with access to clinical services through the SBHC, such as flu shots, blood pressure screenings, health education, etc. (for providers licensed to see adults and in sites where this is allowed)					
	Strongly disagree	Disagree	Agree	Strongly agree	Not sure
Before/Beginning					
Today					
Please provide any comments to help explain the change over time:					