Creating School-Wide Conditions for All Students to Thrive: Hallways to Health Webinar Series: Part 4 – Codifying and Institutionalizing Efforts

May 15, 2018
Today’s Presenters

Jordanna Snyder, MPH, CHES
Objectives

Participants will be able to:

1. Identify the three elements of school-wide wellness sustainability
2. Describe the benefits of school-wide wellness policies
3. Identify two EHR codes that capture social determinants of health or Adverse Childhood Experiences
National scale up
## Conditions for School-Wide Wellness

| Creating a School-Wide Culture of Wellness | Build A Wellness Team | Build Buy-In And Engage Stakeholders And Partners |
| Engage Community-Based Organizations and Businesses | Engage Youth | Engage Parents And Guardians |
| Engage School Partners | Tell Your Story | Assess Conditions For Wellness |
| Create & Implement Your Action Plan | Sustain Your Efforts | Resource And Tools |
Sustain Your Efforts
Let’s hear from one Hallways to Health Champion
Sustain: Partnerships

- School-wide wellness recipients or participants
- Organizations with goals of school wellness
- Stakeholders who oversee these individuals
- Funders may also share common goals with your wellness team
- Health care providers who share a similar mission or goal
Memorandum of Understanding (MOU): the foundation for establishing policies and procedures

**MOU**

- Written agreement between SBHC, school and/or medical sponsor
- Addresses:
  - Purpose
  - Responsibilities of all parties
  - Billing and compensation
  - Confidentiality
  - Termination provisions
  - Scope of agreement
  - Liability
Example MOU

- Includes population-based preventative strategies for outreach, health campaigns and screenings, and health education
- Supports SBHC integration into school
- Intended results: stronger linkages to community partners, local accountability for school-level health plans and strategies, system accountability for system-wide standards
- Data sharing agreement
Policies & Procedures

POLICIES (What?)

PROCEDURES (How?)
Document Policy Changes

“More that you can write down, more that can happen continuously as people turn over. Although there will be constant re-education and partnership building efforts, writing policies down will simplify this process.”

–Sara Trivette, PA-C, CHES, Turner Elementary School Based Health Center
DCSS revamps wellness policy

Posted: Feb 18, 2015 4:51 PM EST
Updated: Feb 18, 2015 4:53 PM EST

ALBANY, GA (WALB) - The Dougherty county school system is revising its wellness policy to make children healthier.

The wellness committee, which includes stakeholders inside and outside the school system, met Wednesday.

Their goal is create policies that will promote good nutrition and prevent children from getting sick or obese.

"We really want the school setting to be a place where we're promoting health and sending a consistent message of health and wellness," Certified Health Education Specialist Sara Trivette.
Oakland Unified School District

- Nutrition
- School Garden
- Physical Education and Physical Activity
- Comprehensive Health Education
- Positive School Climate
- Physical School Environment
- Access to and Coordination of Student Health Services
- Staff Wellness
- Assessment and Communication
Sustain: Funding

- Grants
- Donations
- Allocated funds
- Payment reform
## Sustain: Funding from Payment Reform

<table>
<thead>
<tr>
<th>Topic</th>
<th>Code</th>
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<tbody>
<tr>
<td><strong>Social Determinants of Health</strong></td>
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</tr>
<tr>
<td>Homelessness</td>
<td>Z59.0</td>
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<tr>
<td>Lack of adequate food and safe drinking water</td>
<td>Z59.4</td>
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<tr>
<td>Extreme poverty</td>
<td>Z59.5</td>
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<tr>
<td><strong>Adverse Childhood Experiences</strong></td>
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<tr>
<td>Parental separation or divorce</td>
<td>Z63.5</td>
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<tr>
<td>Abuse</td>
<td>Z62.81</td>
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<tr>
<td>Absence of family due to military deployment</td>
<td>Z63.31</td>
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Lessons for Success

- Partnerships
- Assess the needs, make a plan
- Focus on policies
- Plan to keep it going
Hallways to Health sites worked with school wellness teams to adapt action plans and develop sustainability strategies for school-wide wellness work. Sustainability strategies may help:

- Replicate or expand your school-wide wellness work.
- Create the conditions necessary for school-wide wellness for current and future students and school staff.
- Ensure continuity as staff transitions occur where there is the potential to lose historical knowledge.

**Best Practices**

1. **Codify your work into policies and procedures to create long-lasting impacts for current and future school populations.**

- **TIP**
  If your scope of work in your MOU does not include school-wide wellness efforts (serving on wellness teams etc.), you may want to revise.

- **TIP**
  Share policy drafts with leaders and partners who will be implementing the policies. Submit proposals for new policies, programs, or protocols with school/district leaders and other influential stakeholders with enough time for review and approval.
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PC5: Promoting Schools as Hubs of Wellness: The Hallways to Health Model

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Additional Questions? Contact us at: jsnyder@sbh4all.org