Creating School-Wide Conditions for All Students to Thrive: Part 3: Assessing the Conditions for Wellness and Planning Action

May 8, 2018
SCHOOL-BASED HEALTH ALLIANCE
Redefining Health for Kids and Teens
Today’s Presenters

Jordanna Snyder, MPH, CHES
Objectives

Participants will:
1. Identify benefits of conducting school-wide needs assessments
2. Identify possible tools
3. Identify one school-wide approach to “try on.”
National scale up
## Conditions for School-Wide Wellness

<table>
<thead>
<tr>
<th>Creating a School-Wide Culture of Wellness</th>
<th>Build A Wellness Team</th>
<th>Build Buy-In And Engage Stakeholders And Partners</th>
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</thead>
<tbody>
<tr>
<td>Engage Community-Based Organizations and Businesses</td>
<td>Engage Youth</td>
<td>Engage Parents And Guardians</td>
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<tr>
<td>Engage School Partners</td>
<td>Tell Your Story</td>
<td>Assess Conditions For Wellness</td>
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<tr>
<td>Create &amp; Implement Your Action Plan</td>
<td>Sustain Your Efforts</td>
<td>Resource And Tools</td>
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Assess Conditions For Wellness
Assess Conditions for Wellness

- Determine the assessment objectives
- Involve parents and guardians, teachers, youth
- Identify and review existing data (attendance, # of students experiencing homelessness)
- Design or identify appropriate tools
- Obtain approval for implementation
- Plan and implement the needs assessment
- Analyze data
Possible Tools

• CDC School Health Index
• California Healthy Kids Survey
• Oregon Healthy Teens Survey
• Rapid Assessment for Adolescent Preventative Service-Public Health
• Youth Risk Behavior Surveillance System
2) Healthy snacks are available at the workplace for school employees (check all that apply):

[ ] During staff meetings
[ ] In the vending machines
[ ] During staff celebrations
[ ] In the break room
[ ] Other: ________________________________

3) Are healthy cafeteria meals available and affordable for school employees?

( ) Yes, meals are available with healthy options
( ) Yes, meals are available but there are no healthy options
( ) No meals are available
( ) Do not know
Let’s hear from one Hallways to Health Champion
Create & Implement Your Action Plan
<table>
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<tr>
<th>Strategies</th>
<th>Objective</th>
<th>Evaluation Indicator(s) / Outcome(s)</th>
<th>Key Person(s)/Partner(s) Responsible</th>
<th>Timeline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strategy 1:</td>
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<td>Strategy 2:</td>
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**Priority Area 1**

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<th>% at risk and qualitative observations</th>
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</table>

**Identified health factors:**

**Identified educational factors:**

**Identified social determinants:**

Description of priority area based on data above:
• 18% of students ate less than they thought they should because there wasn’t enough money to buy food
• 15% of students didn’t eat breakfast once in the last 7 days
• The County has the sixth highest number of students identified as homeless at 537
• In 2015, 55 students dropped out, leaving a district dropout rate for homeless about 10%, the school’s rate was 15.7%
• The school has an overall graduation rate of 76%
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| Strategy 1: Screening for food insecurity for students who come into the SBHC | - identify students that are at risk for or are experiencing food insecurity  
- collect quantitative data about food insecurity  
- Refer students toward appropriate resources  
- Screen every new SBHC patient for food insecurity | - number of students screened for food insecurity  
- number of students identified positively  
- number of students referred to resources | - OR Food Bank, MA, Nurse Practitioner, BH Specialist, MH Counselor  
- Curriculum of Cuisine, Harvest Share, Wichita Center, Chartwells, Clinic Supervisor, Health & Wellness Coordinator | Implement referral policy/process for SBHC by June 2017 |
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<td>Strategy 2: Identify community partners &amp; increase awareness and participation in a weekly Harvest Share for students and parents</td>
<td>Increase availability of affordable and nutritious food for families and students</td>
<td>The number of students and parents accessing the Harvest Share program</td>
<td>SBHC, Harvest Share (OR Food Bank), School Admin, Whole Foods, New Seasons, NW Family Services Wichita Center, Chartwells H&amp;W Coordinator (RB), Youth Advisory Council</td>
<td>March-June 2016</td>
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| Strategy 3:                                                                | - Identify leaders/providers in SBHCs, teachers, students, counselors, school nurses & administrators to serve on a food insecurity task force. - Develop a referral process, present at school board meeting and implement food insecurity policy.                                                                           | - The approval of a district wide food insecurity policy/process  
- Number of students experiencing food insecurity across the district.                                                                                                                                                                                                                                                                                     | - Clinicians will administer screenings at SBHCs  
- Nurses and counselors will administer screenings in all district schools without SBHCs OR Food Bank, NCSD Admin, Teachers, school nurses, SBHC staff, community orgs, horticulture club, YAC H&W Coordinator                                                                 | March-June 2017 |
Questions?

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PC5: Promoting Schools as Hubs of Wellness: The Hallways to Health Model

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2018
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- Lead

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Hallways to Health Webinar Series: Part 4 – Codifying and Institutionalizing Efforts

Tuesday, May 15, 2018 2:00pm Eastern Daylight Time
Questions?

Please enter your questions into the “Chat” box of the Zoom control window.
POLL QUESTIONS!
Thank You!

Additional Questions? Contact us at: jsnyder@sbh4all.org