

Tool-Vision Statement for School-wide Wellness

This tool allows you to establish a clear vision for school-wide wellness. In the top box, brainstorm words and phrases that describe what school-wide wellness makes possible and your ideal school-wide wellness strategy. You might include ideas like all students are healthy and ready to learn, screening for social determinants of health, incorporating social emotional learning into the school curriculum, offering family health education opportunities, integration into school policies, and maintaining an active school wellness team.

Questions to brainstorm:

- What does school-wide wellness look like?
- How does working on school-wide wellness align with or support your current work?
- What is your ideal SBHC program/ school-wide wellness strategy?
- What is the greatest possible outcome (for your SBHC, students, school) from a school-wide wellness strategy?
- What conditions need to be in place to achieve school-wide wellness?
- What elements of your SBHC practice do you want/need to change or incorporate to meet your ideal?
- What is the best way to utilize the SBHC as an agent for improving school-wide health?

Use the bottom box to develop a short, clear vision statement. Review the words and phrases in the top box and brainstorm statements that capture the words and concepts in the top box. Your school wellness team can do this together and discuss different ideas. Make sure that the entire team is comfortable with the final vision statement.

What does a school-wide wellness program look like?

Vision Statement