

Tool-Expertise Grid

Please place an “**X**” in the column next to the topics where your SBHC and staff demonstrate expertise. If there is an area that is not listed here, please list it at the bottom of the table. Of those with an “**X**”, highlight your three strongest areas of expertise and experience. Place an “**S**” in the three areas you could use the most support or assistance.

	Your SBHC/ School Wellness Team
SCHOOL WELLNESS TEAM	
Building buy-in and support from school administration	
Building a multi-disciplinary team including SBHC staff, school administration, teachers, students, and/or parents	
Coordinating activities of improvement team and holding members accountable for their responsibilities	
Dealing with staff turnover and/or staff shortage	
SETTINGS FOR DELIVERING PROGRAMS	
Delivering programs in classrooms	
Delivering small group-based programs	
Conducting school-wide health events	
WELLNESS POLICIES AND COUNCILS	
Finding the school wellness policy and using it to catalyze change in the school environment	
SBHC staff joining school wellness council	
SBHC staff joining district wellness council	
STUDENT HEALTHY EATING ACTIVE LIVING	
Measuring healthy eating active living through school-wide assessments (programs and prevalence of obesity)	
Measuring healthy eating active living through clinic screenings	
Selecting a curriculum for healthy eating active living	
Selecting strategies to engage students in recommended levels of physical activity	
Delivering healthy eating active living curriculum in classrooms	
Delivering health eating active living curriculum in small group settings	
Conducting school-wide healthy eating active living events	

SOCIAL AND EMOTIONAL	
Measuring social emotional wellness through school-wide assessments	
Delivering social emotional wellness curriculum in classrooms	
Delivering social emotional wellness curriculum in small group settings	
Conducting school-wide social emotional events	
HEALTH & WELLNESS ASSESSMENTS	
Selecting tools to assess students health and wellness	
Implementing a school-wide assessment	
SCHOOL EMPLOYEE WELLNESS	
Implementing a questionnaire to assess needs/desires of school staff	
Finding ways to engage school staff in wellness activities in ways that they are responsive and impactful.	
Identifying one key partner (or more) among school administration/staff for your wellness initiatives.	
Implementing staff wellness activities for healthy eating active living	
Implementing staff wellness activities for social emotional wellness	
PARENT & CAREGIVER ENGAGEMENT	
Strategies to engage parents in their child's health	
Strategies to engage parents in SBHC activities	
Strategies to engage parents in school-wide wellness activities	
MARKETING/BRANDING	
Branding and marketing wellness teams/efforts	
Outreach/promotion of wellness efforts	
Storytelling for school wellness efforts	
HIPAA/FERPA	
Understanding confidentiality as it relates to HIPAA and FERPA and exchange of student health and educational data	
LEVERAGING RESOURCES: MAKING THE MOST OF THE RESOURCES	
Within the school	
With the sponsor organization	
Within the local school district	

BUILDING RELATIONSHIPS WITH OTHER ORGANIZATIONS IN THE COMMUNITY	
YMCAs/YWCAs, Boys & Girls Club and/or Community Recreation Center	
Other community organizations/businesses:	
SUSTAINABILITY	
Billing for group-based prevention programs	
Billing for health education services (individual)	
Identifying and applying for grant funding	
Creating school wellness policies	
Creating policies for health programs or wellness initiatives on campus/within your school district	
ADDITIONAL AREAS OF EXPERIENCE OR EXPERTISE	
Youth Advisory Boards, Peer Health Education, Youth Engagement	
Adolescent-Friendly Health Services	
Other:	