Youth Mental Health First Aid Course

Sunday, June 26, 2016 8:00am-5:00pm
2016 School-Based Health Care Convention
Pre-Conference Workshop PC3
Crystal Gateway Marriott
1700 Jefferson Davis Highway
Arlington, VA 22202

To register, please email the information below to lwinston@sbh4all.org. If you do not have access to email, call 202.370.4388 or mail this completed form to:

School-Based Health Alliance
Attn: 2016 Convention
1010 Vermont Ave. NW Suite 600
Washington, DC 20005

Name: ____________________________________________________________________________

Phone number, if any: __________________________________________________________________

Email address, if any: __________________________________________________________________

Occupation and employer name, if any: __________________________________________________

Brief description of why you’re enrolling in the course:
(examples: help family member or loved one, better serve clients/public with mental health issues, seeking general mental health information)

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Questions? Contact lwinston@sbh4all.org or call 202.370.4388.

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.
Not a clinician, but want to help?

Sometimes, first aid isn’t a bandage, or CPR, or the Heimlich, or calling 911.

Sometimes, first aid is YOU!

A young person you know could be experiencing a mental health challenge or crisis. You can help them.

You are more likely to encounter someone — friend, family member, student, neighbor, or member of the community — in an emotional or mental crisis than someone having a heart attack. Youth Mental Health First Aid teaches a 5-step action plan to offer initial help to young people showing signs of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self help care. Anyone can take the 8-hour Youth Mental Health First Aid course, but it is ideally designed for adults who work with young people, ages 12-18 — teachers, coaches, leaders of faith communities, social workers, and other caring citizens.

Sometimes, the best first aid is you. Take the course, save a life, strengthen your community.

$185 includes breakfast, lunch, snacks, and training materials. See back for registration and contact information.